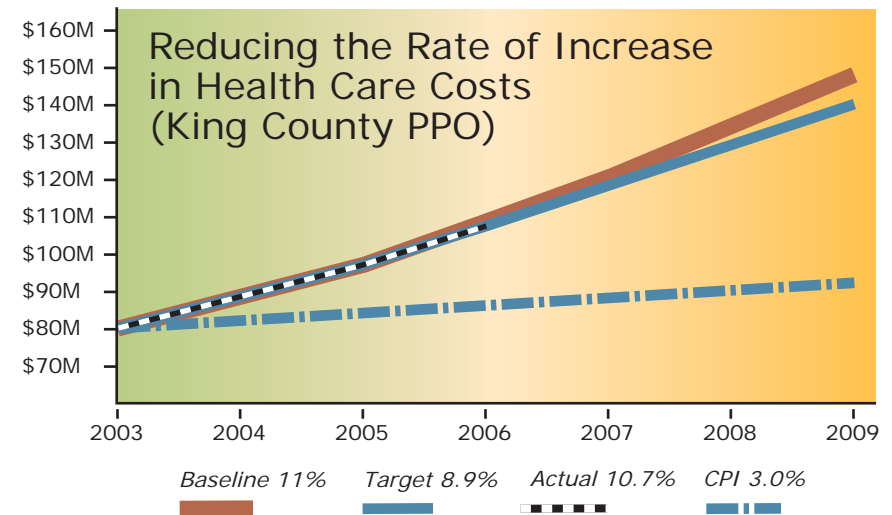
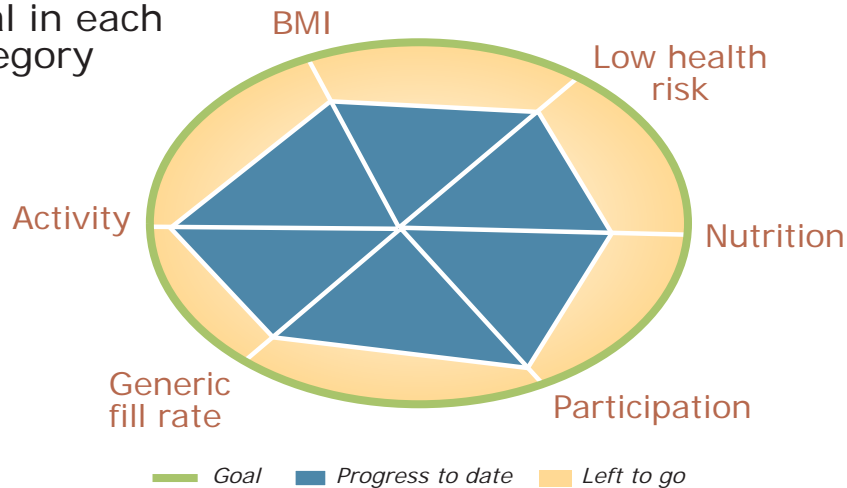


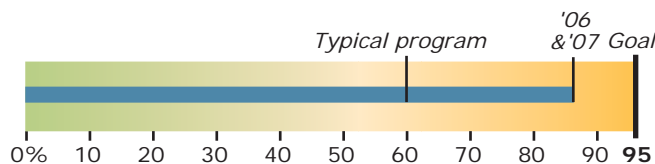
King County Health Reform Initiative

Goal in each category



Participation

Completed Wellness Assessment and Individual Action Plan.

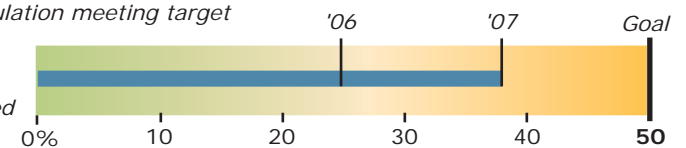


Health Indicators

Shows percent of population meeting target

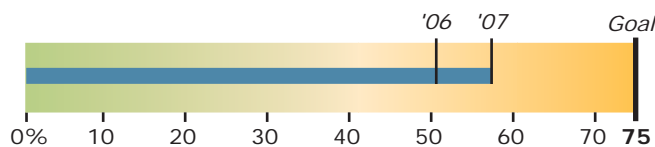
Nutrition

Achieved recommended guidelines for portions and food types.



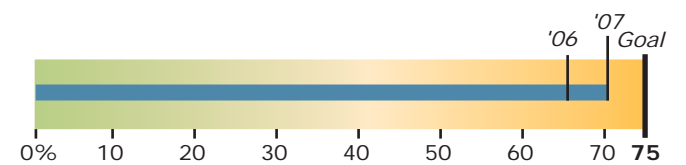
Low Health Risk

Lower risks equals healthier employees.



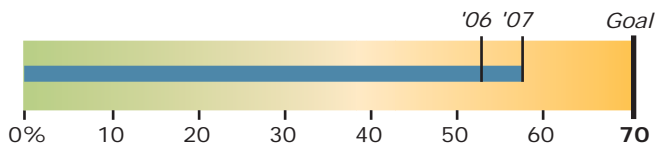
Physical Activity

30 minutes a day, 3 times per week.



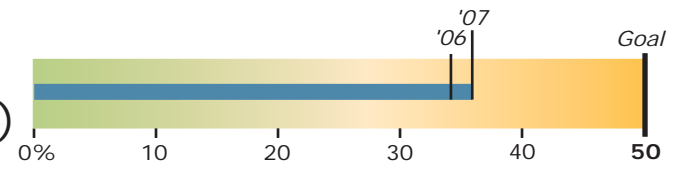
Smarter Choices

Generic drug fill rate



Body Mass Index (BMI)

healthy range = 18 - 25



Health Improvements



Employee Engagement



Smart Consumer Choices



Lower costs & Better health